



Press Release

Practical coaching startin SBP's coaches training camp

LAHORE (Sept 21, 2017): The practical coaching has started on the 5th day of second phase in the Sports Board Punjab's coaches training camp at Nishtar Park Sports Complex Gymnasium Hall and National Hockey Stadium here on Thursday. The Chief Minister Talent Hunt Programme coaches training camp is being organised under the supervision of Director General Sports Punjab Zulfiqar Ahmed Ghumman.

Known and experienced experts gave practical coaching to athletics, kabbadi, wrestling and volleyball coaches. Expert trainers also demonstrated different coaching skills during their respective sessions. The expert trainers also gave detailed answers during the question/answer sessions.

Imparting practical coaching to wrestling coaches, Secretary Punjab Wrestling Association Prof Muhammad Riaz said wrestling is one of the traditional games Punjab. "Our wrestlers can attain success in field of wrestling by getting modern training of this game," he added.

Ch Muhammad Yaqoob, the Chairman of Pakistan Volleyball Federation, delivered lecture on the history and structure of volleyball game. Ch Muhammad Siddique gave practical coaching to athletics coaches.